



# **ATHLETE & PARENT HANDBOOK**

**2026**

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## **Club Mission & Athlete Development Philosophy**

At JBVA our mission is to provide a positive and challenging environment where athletes can develop their skills, confidence, and love for the sport of beach volleyball.

We are committed to helping athletes grow both on and off the court through structured training, supportive coaching, and a culture that emphasizes effort, teamwork, and respect.

Beach volleyball provides a unique opportunity for athletes to develop all aspects of the game while building athleticism, resilience, and leadership.

### **Our Development Philosophy**

Our training approach focuses on developing well-rounded athletes through a combination of technical skill training, physical development, and competitive experience.

Key areas of development include:

- Ball control and fundamental volleyball skills
- Movement, agility, and athletic performance
- Volleyball IQ and decision-making
- Communication and teamwork
- Confidence and mental toughness

Beach volleyball requires athletes to take responsibility for every aspect of the game, which helps accelerate development and build strong, adaptable players.

### **Athlete-Centered Training**

We believe in creating an environment where athletes feel encouraged to work hard, challenge themselves, and continue improving.

Our coaching philosophy prioritizes:

- Positive coaching and constructive feedback
- Skill development appropriate for each athlete's age and experience level
- Encouraging effort, discipline, and accountability
- Supporting long-term athlete development

Our goal is to help athletes build a strong foundation that will support success in beach volleyball, indoor volleyball, and other athletic pursuits.

## **Competition Opportunities**

Athletes in our program may have opportunities to participate in beach volleyball tournaments throughout the region. These competitions allow athletes to apply their training, gain valuable experience, and continue developing their skills in a competitive environment. Tournament participation is optional and may vary based on athlete interest, experience level, and tournament availability.

## **Our Commitment**

At JBVA we are committed to creating a safe, supportive, and motivating environment for all athletes and families.

We believe that through hard work, positive coaching, and a strong community, athletes can develop both as players and as individuals.

## **Terms & Conditions**

Effective Date: March 1, 2026

Welcome to J's Beach Volleyball Academy (JBVA) ("we," "us," or "our"). These Terms and Conditions govern participation in our programs and the use of our website and services.

By registering for programs, submitting forms, or participating in training sessions, you agree to the following terms.

## **Program Participation**

Participation in programs offered by J's Beach Volleyball Academy (JBVA) requires:

- Completion of all registration forms
- Acceptance of all club policies
- Payment of required program fees
- Parent or guardian consent for athletes under the age of 18

Athletes may not participate in training sessions until registration requirements have been completed.

## **Athlete Conduct**

We strive to maintain a positive, respectful training environment for all athletes.

Athletes are expected to:

- Demonstrate good sportsmanship
- Show respect toward coaches, teammates, and staff

- Follow coaching instructions and safety guidelines
- Treat facilities and equipment with care

Failure to follow these expectations may result in disciplinary action, including removal from training sessions or programs without refund.

### **Program Changes**

J's Beach Volleyball Academy (JBVA) reserves the right to modify or adjust programs as needed.

This may include:

- Adjustments to training schedules
- Changes in training locations
- Modifications to program structure
- Cancellation or rescheduling of sessions

Participants will be notified of significant changes whenever possible.

### **Health & Safety**

Participation in beach volleyball involves physical activity and inherent risks.

Athletes should only participate if they are physically capable of safely engaging in athletic training.

Parents or guardians are responsible for informing coaches of any medical conditions, injuries, allergies, or physical limitations that may affect participation.

### **Website Use**

Visitors may use the website for informational and registration purposes.

Users agree not to:

- Use the website for unlawful purposes
- Attempt to disrupt website functionality
- Misrepresent identity when submitting forms or registrations

### **Limitation of Liability**

Participation in sports training carries inherent risks.

By participating in programs, athletes and parents acknowledge these risks and agree that J's Beach Volleyball Academy (JBVA), its coaches, staff, and affiliates are not

responsible for injuries that may occur during participation except where required by law.

## **2. Privacy Policy**

J's Beach Volleyball Academy (JBVA) respects the privacy of athletes and families.

This policy explains how information is collected, used, and protected.

### **Information We Collect**

We may collect information when you visit our website, submit a form, or register for programs.

#### **Contact Information**

Information such as:

- Name
- Email address
- Phone number

This information is typically provided by parents or guardians.

#### **Athlete Information**

Information related to athletes including:

- Age range
- Experience level
- Training goals
- Preferred training location
- Volleyball background

This helps us place athletes in appropriate training groups.

#### **Registration & Payment Information**

When registering for programs, payment information may be collected through secure third-party payment providers.

These may include:

- Wix Payments
- Stripe
- Other secure payment systems

We do not store full credit card information on our website.

### **How We Use Information**

We use collected information to:

- Respond to inquiries and interest forms
- Provide information about programs and schedules
- Communicate registration details and updates
- Send newsletters or club announcements
- Improve our programs and website experience

Users may unsubscribe from marketing emails at any time.

### **How We Share Information**

We do not sell personal information.

Information may be shared with trusted service providers that help operate our organization such as:

- Website hosting providers
- Email and communication platforms
- Registration and scheduling systems
- Payment processors
- Marketing and advertising platforms

These providers are only permitted to use the information necessary to provide services.

### **Marketing & Advertising**

Information submitted through social media platforms such as Facebook or Instagram may be used to contact families about programs.

Our website may also use tools such as:

- Meta (Facebook) Pixel
- Google Analytics

These tools help measure advertising performance and improve marketing.

### **Cookies & Analytics**

Cookies and similar technologies may be used to:

- Understand website usage
- Improve website performance
- Measure marketing effectiveness

Cookies can be managed through browser settings.

### **Data Retention**

Personal information is retained only as long as necessary to fulfill the purposes described in this policy or as required by law.

### **Children's Privacy**

Our programs are designed for youth athletes; however, our forms and communications are intended for parents or guardians.

We do not knowingly collect personal information directly from children under 13 without parental consent.

### **Your Privacy Choices**

You may:

- Opt out of marketing emails
- Request access to personal information
- Request corrections or deletion of information

Requests may be made using the contact information below.

### **Contact Information**

If you have questions regarding this policy, please contact:

Email: **Jsbeachacademy@gmail.com**

Business Name: **J's Beach Volleyball Academy (JBVA)**

### **3. Refund & Cancellation Policy**

Program fees must be paid according to the schedule provided during registration.

Failure to complete payment may result in loss of participation.

### **Refund Eligibility**

Refunds may be considered under limited circumstances including:

- Program cancellation by the organization
- Documented medical injury preventing participation

Refunds may be subject to administrative processing fees.

### **Cancellation Policy**

Participants who cancel registration 10 days or more prior to the start of a program may receive a full refund minus administrative processing fees.

Cancellations made within 5 days of the program start date may be eligible for a partial refund of up to 50% of the program fee, depending on the timing of the cancellation and program capacity.

Once a program has begun, refunds are not provided.

In certain circumstances, a credit toward a future program may be issued instead of a refund at the discretion of JBVA.

### **Missed Sessions**

If an athlete is unable to attend a scheduled training session due to illness, scheduling conflicts, or other personal reasons, families are encouraged to notify JBVA as early as possible prior to the session.

While missed sessions are not guaranteed to be rescheduled or refunded, JBVA will make reasonable efforts to work with families when possible. In some cases, athletes may be able to attend a make-up session or receive a credit toward a future training session.

Please note that make-up sessions or credits are subject to availability and may not be possible if training groups are at capacity or scheduling limitations exist.

Credits are issued at the discretion of JBVA.

## **4. Inclement Weather Policy**

Beach volleyball is played outdoors, and weather conditions may impact training schedules.

Athlete safety is our highest priority.

Training sessions may be delayed or rescheduled due to:

- Lightning or severe storms
- Heavy rain
- Unsafe sand or court conditions

- Extreme heat
- Other environmental hazards

### **Weather Monitoring**

Coaches and staff monitor weather conditions before and during training sessions.

If conditions become unsafe, sessions may be suspended or cancelled immediately.

### **Communication**

Weather updates may be communicated through:

- Email
- Website updates
- Team communication platforms
- Social media announcements

Families are encouraged to check communications before traveling to training.

### **Rescheduled Sessions**

When possible, cancelled sessions may be:

- Rescheduled
- Converted to alternate training times
- Credited toward future sessions

Rescheduling availability may depend on facility availability.

## **5. Media & Photo Release Policy**

During training sessions, camps, or events, J's Beach Volleyball Academy (JBVA) may capture photos or video recordings.

### **Use of Media**

Images or videos may be used for:

- Social media
- Website content
- Marketing materials
- Promotional content
- Educational or instructional materials

## **Athlete Identification**

Media may include athletes participating in training activities. Athlete names are typically not published alongside images without additional consent.

## **Social Media**

Content may be shared through platforms such as:

- Instagram
- Facebook
- YouTube
- Website galleries

Our goal is to promote athlete development and the sport of beach volleyball.

## **Parent Consent**

By registering an athlete for participation, parents or guardians grant permission for their athlete's image to be used for promotional purposes unless written notice is provided requesting otherwise.

## **Opt-Out Requests**

Parents who prefer that their athlete not appear in promotional photos or videos may submit a written request or indicate "No" on the athlete registration form. We will make reasonable efforts to honor these requests.

## **6. Athlete & Parent Code of Conduct**

At J's Beach Volleyball Academy (JBVA), we are committed to creating a positive, respectful, and supportive environment for all athletes, families, and coaches. The following Code of Conduct outlines the expectations for athletes and parents participating in our programs.

By participating in club activities, athletes and parents agree to uphold these standards.

### **Athlete Code of Conduct**

Athletes participating in J's Beach Volleyball Academy (JBVA) programs are expected to demonstrate integrity, sportsmanship, and respect always.

Athletes are expected to:

- Treat coaches, teammates, opponents, and officials with respect
- Demonstrate good sportsmanship during training and competition
- Follow instructions from coaches and staff

- Arrive on time and prepared for training sessions
- Maintain a positive attitude and work ethic
- Respect training facilities, equipment, and courts
- Support teammates and contribute to a positive team environment

Athletes should avoid behaviors including:

- Disrespectful language or actions
- Bullying or harassment of any kind
- Disruptive behavior during training sessions
- Unsportsmanlike conduct

Failure to follow these expectations may result in disciplinary action, including removal from a training session or program.

### **Parent Code of Conduct**

Parents and guardians play an important role in supporting athlete development and creating a positive sports environment.

Parents are expected to:

- Demonstrate respectful behavior toward coaches, staff, athletes, and other families
- Encourage athletes in a positive and supportive manner
- Allow coaches to coach and provide instruction during training sessions
- Communicate respectfully with coaches regarding questions or concerns
- Promote good sportsmanship and respect for opponents and officials
- Support a safe and positive training environment

Parents should avoid behaviors including:

- Sideline coaching during training sessions
- Negative comments toward athletes, coaches, or officials
- Disruptive or confrontational behavior at events or practices

### **Communication Expectations**

Open and respectful communication is encouraged between families and coaches.

If concerns arise regarding training, schedules, or athlete development, families are encouraged to communicate with club staff in a respectful and constructive manner.

### **Policy Violations**

Failure to follow the Athlete or Parent Code of Conduct may result in actions including:

- Verbal warnings
- Temporary suspension from training sessions
- Removal from the program without refund in cases of serious or repeated violations

These policies are in place to ensure a safe and positive environment for all participants.

## **7. Assumption of Risk & Liability Waiver**

Participation in athletic training and beach volleyball activities involves inherent physical risks. These risks may include, but are not limited to:

- slips or falls on sand surfaces
- collisions with other players
- muscle strains or physical injury
- dehydration or heat-related illness
- injuries resulting from athletic training/strength performance activities

By participating in programs offered by J's Beach Volleyball Academy (JBVA) athletes and parents acknowledge and accept the inherent risks associated with participation in sports training.

Participants agree that J's Beach Volleyball Academy (JBVA), its coaches, staff, volunteers, and affiliated facilities shall not be held liable for injuries sustained during participation, except where required by law.

Parents and athletes voluntarily assume all risks associated with participation in training sessions, camps, and events.

## **8. Medical Authorization**

In the event of an injury or medical emergency during participation in club activities, J's Beach Volleyball Academy (JBVA) staff may take reasonable action to obtain medical care for the athlete.

By participating in club programs, parents or guardians authorize coaches or staff to seek emergency medical treatment if a parent or guardian cannot be immediately reached.

Parents remain responsible for all medical expenses incurred.

It is the responsibility of parents or guardians to inform coaches of any relevant medical conditions, injuries, allergies, or health concerns that may affect participation.

## **9. Facility & Equipment Responsibility**

Athletes and families are expected to respect the facilities, courts, and equipment used during training sessions.

Participants agree to:

- follow facility rules and guidelines
- treat equipment with care
- maintain a safe environment for all participants

Any intentional damage to facilities or equipment may result in disciplinary action and may require financial responsibility for repairs or replacement.

### **Acknowledgment of Policies**

By registering for participation in J's Beach Volleyball Academy (JBVA), parents and athletes acknowledge that they have read, understand, and agree to the policies outlined in this handbook. Please complete the designated box on the athlete registration page to confirm you have reviewed the handbook and sign your name at the bottom of the registration form.

Thank you for taking the time to review our Athlete & Parent Handbook. We look forward to working with your athlete and supporting their development both on and off the sand.